

faculty congress

**BSS
CONGRESS
7 MAY 2021**

PROGRAM BOOKLET



Welcome

We are very happy to welcome you at the BSS Congress! In this booklet you will find information on Gather.town, the schedule for the day, information on the workshops and where to find them, and more info on the networking event.

If you have any questions during the congress or if you need our help, you can approach us on Gather.town or you can send us an email at bsscongress@gmail.com. We will have 'BSS Congress' in our names on Gather.town so you can recognize us, but we will also check our mail frequently.

We hope that you will have a fun and informative day and that you will enjoy the lectures and workshops we arranged!

Love,

the Congress Committee

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Opleidingsinstituut PPO inspireert professionals binnen de gezondheidszorg en aangrenzende terreinen zich optimaal te ontwikkelen. Door wetenschappelijke inzichten te verbinden aan de beroepspraktijk helpen wij de opgedane kennis te verzilveren. Het resultaat? Vaardige professionals, die goed zijn toegerust voor de actuele praktijk.

Opleidingsinstituut PPO

PPO is hét opleidingsinstituut voor professionals in Noord- en Oost-Nederland. We verzorgen beroepsopleidingen en bij- en nascholingsactiviteiten voor psychologen en aanverwante beroepsgroepen. Hiervoor maken we gebruik van de expertise die binnen de Rijksuniversiteit Groningen (RuG) aanwezig is en werken we samen met diverse erkende praktijkopleidingsinstellingen.

BIG-opleidingen

PPO verzorgt vier psychologische en pedagogische vervolgopleidingen: de opleidingen tot GZ-psycholoog, Orthopedagoog-Generalist, Psychotherapeut en Klinisch Psycholoog. Deze opleidingen leiden allemaal tot een BIG-registratie: een wettelijke erkenning die de bevoegdheden van de zorgverlener bepaalt. Elk jaar starten er meerdere nieuwe opleidingsgroepen in Groningen en Zwolle.

Deze opleidingen zijn toegankelijk voor deelnemers die worden voorgedragen door een erkende praktijkopleidingsinstelling. Het praktijkdeel van de opleiding vindt binnen deze instelling plaats.

Verdere professionele ontwikkeling

PPO biedt geaccrediteerde bij- en nascholings-cursussen. Ons cursusaanbod is zeer gevarieerd: van psychodynamische en persoonsgerichte therapie tot cognitieve gedragstherapie en systeem- en groepstherapie. Ook verzorgen we incompany-activiteiten.

Kenmerken van het onderwijs

Het onderwijs binnen PPO is gericht op Evidence Based Mental Health.

Professionals worden evidence based geschoold, zodat ze verantwoorde zorg kunnen leveren, gebaseerd op wetenschappelijke kennis. Wetenschap en praktijk worden binnen het opleidingsinstituut bij elkaar gebracht: de inbreng vanuit de Rijksuniversiteit Groningen garandeert de academische basis van de opleidingen en de bij- en nascholingscursussen.



Bezoekadres:
Damsterplein 6
9711 SX Groningen



0503633000



<https://www.ppo-opleidingen.nl/>
Email: ppo@rug.nl



HSK is a Dutch organization for psychological care and is specialized in care for employees. HSK offers treatments that are proven to be effective, for many psychological issues. They offer treatments based on cognitive behavioural therapy, EMDR and online therapy in Basic GGZ and Specialized GGZ. HSK is all about treating people as fast as possible and as long as necessary. They treat various disorders, such as depressive disorders and anxiety disorders.

HSK offers traineeships to Basic Psychologists, and they offer jobs to clinical psychologists, 'GZ-Psychologists' and more. Find out more on their website:

www.hsk.nl

www.werkenbijhsk.nl

Gather.Town

The congress will take place in Gather.town. This is an online platform that looks a bit like Habbo Hotel, and it has a lot of possibilities. There are different rooms for every workshop, a lecture hall, and special rooms for the networking event. You can find your way to a certain room by following the arrows on the ground.

We recommend using Google Chrome or Mozilla Firefox. You will also need a working camera and microphone (!!!) for the workshops and network event. Please turn off your microphone in crowded spaces and when you do not use it, this prevents feedback.

More information about the platform is available on our website, bsscongress.nl -> About -> About the platform.

In case there is a problem, you can always approach one of us in Gather.Town or send us an email at bsscongress@gmail.com

Schedule

- 11:45 Walk-in
- 12:00 Introduction by host Merlijn Poolman, Night Mayor of Groningen
- 12:15 First lecture round: You can choose between Yara van Kerkhof and Brian Ostafin. Check pages 9 and 10 to find out more about their lectures.
- 13:15 Workshops round 1: Check page 11 to see where your workshop will be held!
- 14:10 Lunch break! You can leave your computer for a second, or have lunch together with friends using the tables in the middle.
- 14:40 Time to walk back & re-opening by Merlijn Poolman
- 14:45 Workshops round 2: Check page 12 to see where your workshop will be held.
- 15:45 Second lecture round: Irene Campfens on loneliness - more information on page 13
- 16:40 Closing
- Networking event!



Host

Merlijn Poolman

Night Mayor of Groningen

Merlijn Poolman started his career with organising metal shows and tours, but after founding a nightclub (Subsonic, Groningen) in 2011 he gradually got more involved into dance music. Since 2018 he became the Night Mayor of the Dutch city of Groningen and in that role forms a link between the government, the club venue owners and (most important) the party people themselves.

As leader of the Groningen Night Council, member of the Dutch Popcoalitie (advisory board to the government) and former European Music Council fellow-member Merlijn loves to balance between the formal policy making and the raw underground music culture that formed his career.



Speaker 1

Yara van Kerkhof

Habits in professional sports

*This lecture will be in Dutch. If you do not speak Dutch, you can attend Brian Ostafin's lecture: See the next page.

Our first speaker is Yara van Kerkhof. This short trackster has made quite a name for herself. Her success can be seen in her 15 medals in the European championships, World championships and Olympic games. Next to her training she is ambassador for the heart foundation. The rest of the time she uses to study.

But with success comes also hard work and setbacks. In her talk, Yara is going to talk about mental resilience from her own experience. What habits did she create over the years? How did she overcome her own obstacles? And how did she get where she is now? And how do **you** change your habits to achieve what you want to achieve?



Speaker 2

Brian Ostafin

The experience of awe

The second speaker of the first lecture round is Brian Ostafin. Brian is an associate professor of psychology at the RuG. His research interest lies in mindfulness, addiction, dual-process models of the mind and psychology of religion.

At the congress, Brian will give a lecture on the experience of awe, (e.g., the experience of vastness, like under the stars or seeing grand mountains or the ocean) and how they influence basic and applied psychological outcomes.

Workshops round 1

13:15 - 14:10

- Workshop 1 **De GZ-Opleiding**
by Opleidingsinstituut PPO
*This workshop will be in dutch
- Workshop 2 **Resume & cover letter workshop**
by Integrand
- Workshop 3 **Fetal Alcohol Syndrome**
by FAS-Stichthing
- Workshop 4 **Een Kwestie van Kleur**
by Amnesty International
*This workshop will be in dutch
- Workshop 5 **Working with addicted people**
by Verslavingszorg Noord
Nederland
- Workshop 6 **Choosing a job that fits you**
In Zoom by Bas Dijkhuis
*This workshop will take place in Zoom:
Gather in lecture hall!

You have to apply for the workshops you want to enroll in. The link for the workshop sign up was attached to the same mail as this program booklet. Every workshop has limited places, so make sure to apply on time!

Workshops round 2

14:45 - 15:40

- | | |
|------------|---|
| Workshop 1 | Happiness in the workplace
by Happy Office |
| Workshop 2 | Case-training
by De Kleine Consultant
<small>*This workshop will be in Dutch</small> |
| Workshop 3 | Sexuology
by Jimmy's |
| Workshop 4 | Attachment
by Steven Pont |
| Workshop 5 | KOP-Model (Clinical Psychology)
by HSK Groep |

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Speaker 3

Irene Campfens

Loneliness

Irene Campfens: A great writer and amazing in openly discussing and analyzing societal issues, in particular loneliness.

She is the writer and founder of BRAVICO, the first and only magazine about loneliness. After her books 'Handboek Thuisbegeleiding' and 'Woensdag Verhaspeldag', her newest biography 'Gedialogeerd' will be launched the 15th of april. The press describes her book as "A curious exploration of the public conversation about loneliness". It is "open and promising, whilst also critical and invites to a dialogue".

Loneliness is just one of the societal aspects that is normalized during the pandemic. But is it just to see it as normal? Who has interest in the negative framing of loneliness? Which possibilities do we have to tackle this more positively? Irene will address all these questions in her lecture.

Network Event

After the congress, there will be a network event. This will also take place in Gather.town, in the open space in the middle. Every company has their own table, feel free to walk up to them if you want to get to know more about the companies! The companies below will be present at the event.

TEAM 050

· ZORG EN ONDERWIJS ·

opleidingsinstituut



HSK
GROEP

humanitas

ForteGGZ

AMNESTY
INTERNATIONAL



Oberon
onderzoek | advies



De Kleine Consultant



INTEGRAND
▶▶ FAST FORWARD CAREER

The Committee

The BSS Congress is organized by the Congress Committee: A committee that consists of members of all three study associations of the BSS Faculty (VIP, Sociētas and Odiom). If you're thinking about joining the committee next year, do not hesitate to contact us and ask us anything!

If you have any questions before, during or after the congress, you can always email us on bsscongress@gmail.com

In case you have an urgent question during the congress, you can also text a committee member:

Manon	+31 6 299 000 13	
Isabel	+31 6 156 988 91	(until 15:00)
Janita	+31 6 291 591 91	(until 16:30)